

LESSON TEN

THE MOST VALUABLE PERSON

The Leader is the Most Valuable Person



understand their creative abilities; they know they have the capacity to create anything they want in their world, whether it's on an individual basis or as the leader of a team or organization.

- The effective leader maintains a good attitude regardless of what's going on outside.
- Leaders know where they are going and although they have plans, they do not know how they are going to get there. They only know they are going to get there. They will change their plan but never the goal.
- Leaders understand that if a person is not prepared to do more than they are being paid for, they will never be paid for more than what they are doing.

THE MOST VALUABLE PERSON INDIVIDUAL WORKSHEET

1. How would you describe yourself—as a leader or a follower?
2. If you consider yourself at this time as a follower, know that being a follower is not bad or wrong. Being an effective follower will prepare you for leadership.
 - i. Who are you following?
 - ii. What are the qualities or characteristics of this leader you want to emulate?

- iii. What action steps can you take this week to embrace these characteristics?

- iv. How can you be a better follower?

- v. What action steps can you take to prepare you to be a leader?

3. If you consider yourself as a leader...

i. How would you describe yourself as a leader?

ii. How would you describe your attitude? Is this your attitude regardless of what is going on outside?

iii. What are you creating as a leader? What is the vision you have for your team, department, organization?

iv. What is your plan to move towards this vision?

v. How are you developing the people around you?

vi. What action steps can you take to be an even more effective leader?

4. How can you do more than what you are paid for? What would that look like?

THE MOST VALUABLE PERSON TEAM WORKSHEET

1. What are the goals of the team? What are the worthy goals that were set in Lesson One?

2. What are the characteristics of leadership that are most needed to make this goal a reality?

3. How can each person on the team be a better follower?

4. How can each person on the team stretch into the role of being a leader? What would prepare team members for a leadership role?

5. What does the team need from the leader to move towards the team goal?

6. What does the leader need from the team to move towards the team goal?

3 THE THREE R'S EXERCISE — REVIEW, RE-THINK, REWRITE

1. **Review** the ideas, exercises and tools you have received in this Lesson Ten of *Thinking Into Results* and outline what you have learned.
2. **Re-think** what action steps you will take based on this Lesson that will move you and your team closer to the goals you identified in Lesson One.
3. **Rewrite** your goal. Does your goal need clarification? Is the image clear? If you gave the written description of the goal to an absolute stranger, would that description create a picture in their mind that is the duplicate of the one you are holding in your mind? If not, bring more clarity to the written goal.